



## AVERAGE MONTHLY BUDGET

### Housing

	Just Me	Just the Kids		Family Total
Rent				
Mortgage				
Property taxes				
Property insurance				
Power, water, sewer				
Cable television				
Satellite television				
Telephone - basic				
Telephone - long distance				
Cellular telephone				
Internet				
Repairs and maintenance				
Furniture repair				
Other:				
Other:				
<b>Subtotal</b>				

### Food

	Just Me	Just the Kids		Family Total
Groceries (food only)				
Restaurants				
School lunches				
Other:				
Other:				
<b>Subtotal</b>				

### Household Services

	Just Me	Just the Kids		Family Total
Housekeeper				
Homecare worker				
Dry cleaning				
Newspaper delivery				



<b>Household Services (continued)</b>	<b>Just Me</b>	<b>Just the Kids</b>		<b>Family Total</b>
Other:				
Other:				
<b>Subtotal</b>				

### Childcare

	<b>Just Me</b>	<b>Just the Kids</b>		<b>Family Total</b>
Employment				
Training for employment				
Illness				
Disability				
Daycare				
Easter school vacation				
March break school vacation				
Christmas school vacation				
Summer school vacation				
Before and after school care				
Long weekend vacation care				
Other:				
Other:				
<b>Subtotal</b>				

### Health Premiums

	<b>Just Me</b>	<b>Just the Kids</b>		<b>Family Total</b>
Health care premiums				
Travel health care premiums				
Medical premiums				
Dental premiums				
Life insurance premiums				
Disability insurance premiums				
Other:				
Other:				
<b>Subtotal</b>				



## Health Expenses

	Just Me	Just the Kids		Family Total
Medical				
Dental				
Prescriptions				
Over-the-counter drugs				
Vitamins				
Orthodontics				
Counselling (psychologist, social worker, psychiatrist, other)				
Physiotherapy				
Occupational therapy				
Speech therapy				
Hearing aids				
Glasses and contact lenses				
Other:				
Other:				
<b>Subtotal</b>				

## Education

	Just Me	Just the Kids		Family Total
Primary school fees				
Secondary school fees				
RESP Contributions				
Tuition				
Books and supplies				
Other:				
Other:				
<b>Subtotal</b>				

## Extra Curricular Activities

	Just Me	Just the Kids		Family Total
Sports registration				
Equipment				
Sports registration				
Equipment				
Sports registration				
Equipment				



<b>Extra Curricular Activities (continued)</b>	<b>Just Me</b>	<b>Just the Kids</b>		<b>Family Total</b>
Memberships and clubs				
Lessons				
School events and outings				
Other:				
Other:				
Other:				
Other:				
<b>Subtotal</b>				

### Personal

	<b>Just Me</b>	<b>Just the Kids</b>		<b>Family Total</b>
Clothing				
Hairdresser/barber				
Children's allowance				
Newspaper(s) and magazine(s)				
Toys and books				
Library fee(s)				
Entertainment (bowling, movies etc.)				
Gifts (Christmas, Birthday etc.)				
Charities				
Liquor				
Tobacco				
Other:				
Other:				
<b>Subtotal</b>				

### Transportation

	<b>Just Me</b>	<b>Just the Kids</b>		<b>Family Total</b>
Gas and oil				
Vehicle insurance				
Vehicle license and registration				
Vehicle servicing				
Parking				
Bus				
Taxi				
Other:				
<b>Subtotal</b>				



### Monthly Payments

	Just Me	Just the Kids		Family Total
Savings reserve				
Vacation reserve				
Support payments to others				
Loan payment (not credit card payment)				
Loan payment (not credit card payment)				
Loan payment (not credit card payment)				
Financial planning fees				
Other:				
<b>Subtotal</b>				

### Other

	Just Me	Just the Kids		Family Total
Other:				
Other:				
Other:				
Other:				
Other:				
Other:				
Other:				
<b>Subtotal</b>				

<b>TOTALS</b>				
<b>GRAND TOTAL</b>				